

AUTUMN ADVENTURES

Natural Mandala

These are a great way of exploring the forest.

And they are ever so pretty - especially with the glorious Autumnal Colours!

Work together or on your own



Make a Mud Kitchen

No need for anything posh - Just mud, a couple of old utensils and your imagination

Delicious Mud Pie?

AUTUMN ADVENTURES

Build a Den

You could use
deadwood,
Tarpaulins, or even old
bed sheets and net
curtains

Make your own unique
hide out



Make a Mud Slide

There is nothing more fun
than a mudslide!

Feeling brave?

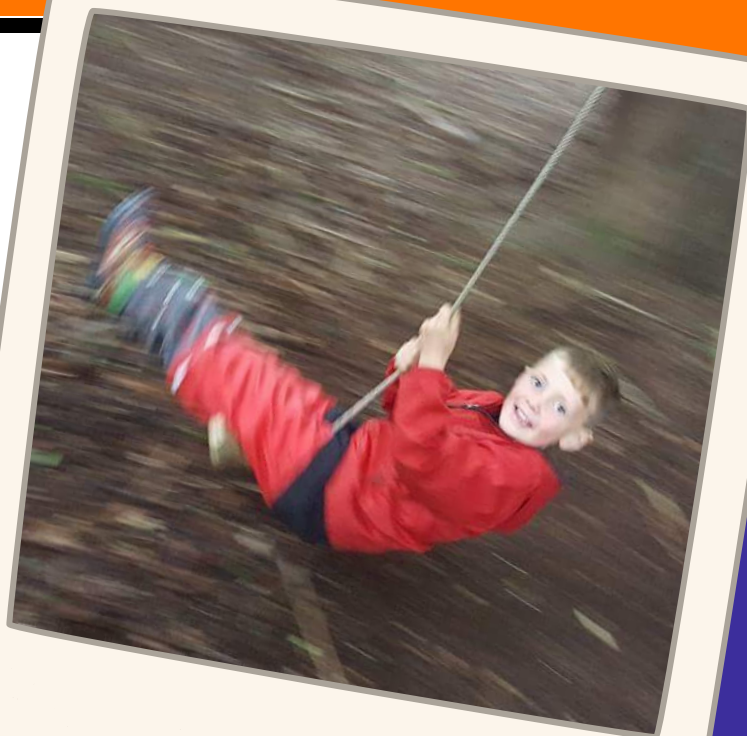
Make it go faster by
adding some water

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BUILD A TREE SWING

Some good old fashioned fun

To make it easy to tie up and take down - loop it over a high branch then tie it to the trunk of the tree much lower!



MAKE NATURAL JEWELLERY

You could make the most of the beautiful Autumnal colours.

I used Elder as you can push out the pith using a tent peg making it hollow.

Perfect for threading with colourful string or wool

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BUILD A DAM

Use stones, deadwood or any natural material you see and try to redirect small streams of water

Maybe you need it for your epic mud kitchen - or even for your mudslide!!



MAKE AN ELDER WHISTLE

Elder - the 'Musical Tree'

Using a tent peg - push in the pith but be careful not to go all the way through!

Then blow over the end like a blowing over a milk bottle

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MAKE A 'SMALL WORLD'

Small world toys are great for children who are new to exploring the woodland.

Take some dinosaurs and watch their imagination come to life



TOAST MARSHMALLOWS ON A FIRE

Or even take it one step further and add chocolate biscuits

Mmmm s'mores

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BOW AND ARROW

Use a nice stong stick to make the bow and then tension bow string to bend it in to shape. You can put a notch in the end with a knife to secure it is you wish.

Willow works well for arrows.
We enjoy making targets to shoot at



ATTEND A FAMILY OUTDOOR PLAY GROUP

These are a great way of getting you children outdoors - best of all - Dads love it too!

To find a group near you contact

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